



# St Luke's Housing Society Limited – Useful Information

## Rubbish

### Disposing of Rubbish

The bin room is located outside the stairwell emergency exit opposite flats 5 and 6. There is:

- A red bin – for food waste
- A grey/blue bin – for recycling
- A green bin – for general waste

If you find putting your own rubbish out difficult we are happy to collect it from your personal bin store outside your flat each Monday, Wednesday and Friday. These days may be altered over bank holiday periods, or when staff are absent for some other reason.

Please sort your rubbish and ask us if you are not sure. Not sorting rubbish properly can increase costs, which are then passed on to you. It is also helpful if you can reduce the volume of your rubbish – so doing things like flattening boxes and crushing plastic bottles and drinks cans is appreciated.

If you have small electrical items or batteries, please leave these out separately. There are separate arrangements for these items.

If you have good quality clothes or household goods, please consider taking them to a charity shop as they may be useful to somebody else, and re-use is a very green option.

### How do I dispose of food waste?

Please use your green food waste caddy, and wash it out occasionally. Food waste should be put in either a compostable food waste bag or a clear carrier. 'Food waste' includes:

- cooked food
- raw food including peelings and outer leaves
- teabags and coffee grounds
- fats (please don't put these down the sink)
- flowers.

### How do I dispose of recycling?

Please put recycling loose in the recycling bag provided, or in a clear plastic bag (the Council may not empty the recycling bin if there are black bags or similar in there). It is fine to tip loose recycling into the recycling bin in the binstore. We are often asked what can be recycled – there are a couple of simple rules to follow:

- Everything to be recycled should be clean. So please, no dirty tissues, unwashed cans or tins, unwashed ready meal containers or unwashed bottles.
- Mixed materials are not recycled. Pill packets which are plastic and foil are an obvious example.
- If in doubt, put things in general waste to avoid contaminating the recycling.

Items which you can recycle include:

- papers, magazines and leaflets
- cardboard boxes (please flatten if you are able)
- glass bottles and jars (clean)
- plastic bottles and jars (clean) (please squash them if you are able)
- tins, cans (clean) and aerosols
- wrapping paper and cards provided there is no sellotape or glitter on them
- tin foil (clean)
- some (clean) ready meal containers.

You can't recycle:

- plastic wrappers
- selophane or thin plastic, including crisp and sweet wrappers
- mixed materials like pill blister packs or cotton buds
- polystyrene
- used tissues, paper towels or wet wipes
- broken glasses or similar. These should be wrapped in newspaper or similar and put in general waste.

## **How do I dispose of general waste?**

Anything that isn't food waste or recycling is general waste. Tie your general waste into a plastic bag. This goes to landfill, so if there is another option such as taking good quality clothes or household goods to a charity shop, we would encourage you to do so.

If you have waste such as pads or bandages, please ensure that these are double bagged for hygiene purposes.

## **What about large items such as furniture?**

It is worth checking if charity shops will collect good quality items. You can also put a note on the noticeboard in case somebody here might like it. In addition the Council will take 3 'bulky items' free of charge for each household – we can help you to arrange this.

## **If you're not sure.....**

Please, just ask us. We have often had to move items out of recycling waste to avoid contamination, and we would much rather you simply checked with us when you are not sure. Thank-you.